

## Palliative Care Committee Minutes

(July 11, 2019) 2:00 pm – 3:30 pm

1650 Mission Street, 5<sup>th</sup> floor, Golden Gate Conference Room

**Present:** Shireen McSpadden, Christine Ritchie, Jeff Newman, Kelly Dearman, George Keuar, Ramona Davis, Anne Kinderman, Brittney Doyle, Judith Redwing

**DAAS Staff:** Niquelle Warren

### **Introductions:**

### **Wise Health: Lessons for the PCWG in reaching vulnerable communities**

(Brittney Doyle/Jeff Newman)

- WISE Health is a senior health solutions agency based in the Bayview district in San Francisco, CA.
- The program is designed to develop and improve health behaviors such as: physical activity, diet, tobacco, sexual health and approaches to address health disparities among vulnerable populations (e.g., low-income population, racial/ethnic minorities, immigrant, prison, and/or homeless).
- The goal is to increase the capacity for community mobilization as well as innovative and effective health programming for communities in need.
- The program provides senior health services, community health services and academic health services.
- Target settings are in the San Francisco Unified School District, childcare centers, after school programs, faith based institutions and clinics to increase physical activity opportunities.
- Community Care Pop up, where you go into seniors sites and housing to provide health services, case management services, activities; healthy foods etc.
- Partner up with other organizations such as JOBS NOW to help students i.e. nursing students, medical students with experience working with seniors in the community.
- Connecting seniors with care givers and special services they might need. Most popular workshops are Making Grandma's Medicine Community Health Pop-Ups (a mix of education and activities)
- Open Door Legal is a service that Wise Health use for seniors legal matters.
- Provide educational workshops to educate the children of seniors.

**Re: Imagine Week: Update:** (see attached handouts) – Loren Pogir

- Library Branch Availability for PCWG Reimagine
- Library Availability
- PCWG – Reimagine Events Update

- Reimagine Events Update

- The primary goal is to focus reaching the Chinese, Latino and African American communities.
- 30 people attended the workshop session at the Main Library.
- PCWG is partnering with Self Help for the Elderly and Anni Chung will facilitate a Heart to Heart Café at the Chinatown Branch Library.
- Anita Ho from the Institute for Health and Aging (UCSF) will do a presentation on advance care planning at the Chinatown Branch Library.
- The Mary Center is going for a grant with the Chinese Coalition Positive Care. They will be hosting a Heart to Heart Café at UCSF at Mount Zion during Reimagine. They will start doing Chinese workshops.
- PREPARE for your Care would like to do a workshop at the Bayview Library.
- Rebecca Sudore also suggested doing a Spanish PREPARE workshop at Zuckerberg San Francisco General.
- Lleana LaBergere suggested doing a Day of the Dead Celebration.
- Open Door Legal universal access to legal help located in the Bayview.
- Using Social Media as a way to spread information to the community.

#### **Update/Announcements:**

- MERI

- **Programs in Development**

- UCSF is offering resilient training for programs for stress management.
- Monthly Advanced Care Planning workshops to all patients.
- Do more educational workshops in the community.
- October 24, 2019 music and poetry workshop at Mt. Zion with Jamie.
- Brainstorming workshops on how to communicate with each other in the community.

#### **Announcement of New Co-Chair**

Congratulations are in order for Jeff Newman (from the steering committee) he will be the new Co-Chair Person for the Palliative Care Committee Group (PCWG).

**Next Meeting:** September 5, 2019

2:00 pm-3:30 pm

1650 Mission St., 5<sup>th</sup> floor, Golden Gate conference room

**All meeting information can be found here:** <https://www.sfhsa.org/about/commissions-committees/long-term-care-coordinating-council-ltccc/palliative-care-workgroup>